**Listening questionnaire:** Circle the number that best matches your experience of listening at school. Name:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date:\_\_\_\_\_\_\_\_\_\_

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **Question** | **1 Strongly agree** | **2 Disagree** | **3  Slightly disagree** | **4**  **Partly agree** | **5**  **Agree** | **6 Strongly agree** |
| 1. Before I start to listen, I have a plan in my head for how I am going to listen | 1 | 2 | 3 | 4 | 5 | 6 |
| 2. I focus harder when I have trouble understanding. | 1 | 2 | 3 | 4 | 5 | 6 |
| 3. I find that listening is more difficult than reading, speaking or writing. | 1 | 2 | 3 | 4 | 5 | 6 |
| 4. I use the words I understand to guess the meaning of words I don’t understand. | 1 | 2 | 3 | 4 | 5 | 6 |
| 5. When my mind wanders, I recover my concentration right away. | 1 | 2 | 3 | 4 | 5 | 6 |
| 6. As I listen, I compare what I understand with what I know about the topic. | 1 | 2 | 3 | 4 | 5 | 6 |
| 7. I feel when listening that it is challenging to comprehend the information. | 1 | 2 | 3 | 4 | 5 | 6 |
| 8. I use my experience and knowledge to help me understand. | 1 | 2 | 3 | 4 | 5 | 6 |
| 9. Before listening, I think of similar listening activities I have completed in the past. | 1 | 2 | 3 | 4 | 5 | 6 |
| 10. I try to get back on track when I lose concentration. | 1 | 2 | 3 | 4 | 5 | 6 |
| 11. As I listen, I quickly adjust my thinking and conclusions if I realise that it is not correct. | 1 | 2 | 3 | 4 | 5 | 6 |
| 12. After listening, I think back to how I listened, and about what I might do differently next time. | 1 | 2 | 3 | 4 | 5 | 6 |
| 13. I don’t feel nervous when I listen. | 1 | 2 | 3 | 4 | 5 | 6 |
| 14. When I have difficulty understanding what I hear, I give up and stop listening. | 1 | 2 | 3 | 4 | 5 | 6 |
| 15. I use the general idea of what I have heard to help me guess the meaning of the words that I don’t understand. | 1 | 2 | 3 | 4 | 5 | 6 |
| 16. When I guess the meaning of a word, I think back to everything else that I have heard, to see if my guess makes sense. | 1 | 2 | 3 | 4 | 5 | 6 |
| 17. At different points as I am listening, I ask myself if I am satisfied with my level of comprehension. | 1 | 2 | 3 | 4 | 5 | 6 |
| 18. I have a goal in mind when I listen. | 1 | 2 | 3 | 4 | 5 | 6 |

Questionnaire based on the work of Vandergift et al 2006. Metacognitive awareness listening questionnaire (MALQ) items and corresponding factors.